



# TFW FOOD SERVICES

## Colaiste Chu Chulainn

### Weekly Menu | Monday 18th November 2019

Breakfast Special: Breakfast burritos 1,3,7

Sandwich Special: Ham, cheddar cheese, stuffing and mayo served on a toasted bagel 1,7

Soup Special: Homemade vegetable soup 9

Salad Special: Roast lemon and thyme chicken breast on a bed of roasted tomato infused pasta

### Monday

Indian chicken korma served with steamed rice (1,6,7,10)

Spicy meatball topped Italian flatbread with melted mozzarella (1,7)

### Tuesday

Baked homemade beef lasagna (1,3,7)

Shredded and crispy chicken served with baked homemade chips with a garlic and lemon mayo (1,3)

### Wednesday

Half day

### Thursday

Roast breast of turkey, creamy mash, baton honey glazed carrots served with a rich roast gravy (1,6,7)

Veggie pasta bake topped with Parmesan shavings (1,7)

### Friday

Breast of chicken curry served with steamed rice (1,6,7,10)

Spicy potato cakes served with a chilli dip (1,3,7)